

# Character Arc Worksheet

Character Name: \_\_\_\_\_

**1. The Lie:** \_\_\_\_\_

- a. This is something your character thinks is a strength, but maybe doesn't want people to know about him/her.
- b. Be mean to your character, find out what they want, then give them flaws that makes it near impossible to achieve their goal, have the flaws get in the way & mess stuff up.
  - i. Flaw: \_\_\_\_\_
  - ii. Flaw: \_\_\_\_\_
  - iii. Flaw: \_\_\_\_\_
- c. If you'd like, you can start by giving your character traits that would help them reach their goal, then do a 180, now give him the opposite of traits.
- d. Real people have 5-10 traits their friends can identify, not all are bad.

**2. The Origin of the Lie:** \_\_\_\_\_

- a. What was the wounding event that told your character he should live this lie?

**3. The Motivation Behind Living the Lie:** \_\_\_\_\_

- a. Why is your character insisting this lie is the truth?

**4. The Truth:** \_\_\_\_\_

- a. When your character comes to the end of the arc, what do you want them to know?

**5. The Antagonist:** \_\_\_\_\_

- a. Who or what is the villain or force? Make this strong so your character has to step up.

Character Arc Element	Where in the story should this take place?	What is happening with your character at this point in the story?
Trigger	Inciting Incident	
Comfort Zone	Act 1	
Point of No Return	First Major Plot Point	
Struggle	First Half of Act 2	
Revelation	Midpoint (Second Major Plot Point)	
Charge	Second Half of Act 2	
Dark Night of the Soul	Third Major Plot Point	
Aftermath	First Half of Act 3	
Moment of Truth	Climax	
Emergence	Resolution	