

# Internet Safety Day

## What is Internet Safety Day all about?

Internet Safety Day started in 2005 and it now happens in over 100 countries worldwide.

The theme this year is 'Be the Change: Unite for a Better Internet'. It is about making people aware of online safety issues.



## The UK Safer Internet Centre

The UK Safer Internet Centre has one mission: to help young people use the Internet properly and keep themselves safe by making good choices online.



## How can children be kept safe?

The Internet is like a huge door to the outside world. This means there are a lot of strangers out there.

Following rules for using the Internet will help keep us all safe.

## Some uses of the Internet:

- gaming
- shopping
- learning new things
- reading about famous people
- booking tickets
- chatting to friends



## Did you know?

It is illegal for anyone under the age of 13 years old to have a Facebook account.



## Rules for using the Internet

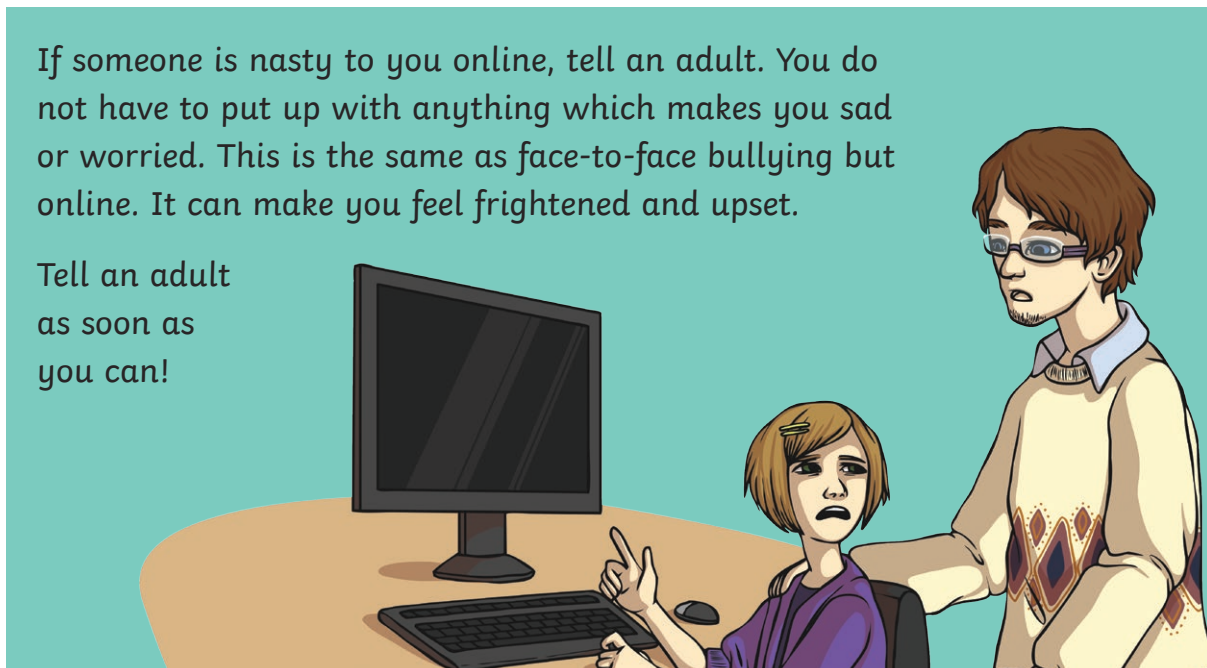
Never share your personal details online. If you were next to a stranger on the bus, you wouldn't tell them where you live or your phone number. Don't tell people these things online. Even if you think you have got to know them through emails or 'chatting', they are still a stranger.

Never meet anyone who you have 'met' online, without an adult going with you. It is very dangerous!



If someone is nasty to you online, tell an adult. You do not have to put up with anything which makes you sad or worried. This is the same as face-to-face bullying but online. It can make you feel frightened and upset.

Tell an adult as soon as you can!



The Internet can be brilliant; it can also be dangerous. Stay safe online and make the right choices.



# Questions

1. How many countries are involved in Internet Safety Day?

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2. What is the theme this year?

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3. What is one part of the mission in the UK?

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4. Which two uses on the list, do you use the Internet for?

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5. What is it illegal to do online under the age of 13 years old?

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6. What word in rule number one means 'a person you do not know'?

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7. What should you do if someone is nasty to you online?

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8. What do you need to do to stay safe online?

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# Answers

1. How many countries are involved in Internet Safety Day?  
**Over 100 countries are involved in Internet Safety Day.**
2. What is the theme this year?  
**The theme is Be the Change: Unite for a Better Internet.**
3. What is one part of the mission in the UK?  
**One part of the mission is to help young people use the Internet properly and keep themselves safe/ make good choices online.**
4. Which two uses on the list, do you use the Internet for?  
**Pupil's own response.**
5. What is it illegal to do online under the age of 13 years old?  
**It is illegal to have a Facebook account under the age of 13.**
6. What word in rule number one means 'a person you do not know'?  
**The word stranger means "a person you do not know".**
7. What should you do if someone is nasty to you online?  
**If someone is nasty to you online, you must tell an adult.**
8. What do you need to do to stay safe online?  
**To stay safe online, you need to make the right choices.**



# Internet Safety Day

## What is Internet Safety Day all about?

Internet Safety Day has been happening since 2005 in over 100 countries worldwide.



The theme this year is 'Be the Change: Unite for a Better Internet'. Generally, if people stick together, report bad use of the Internet and look after each other, the Internet can be a safe place. The day is concerned with making people aware of online safety issues.

## The UK Safer Internet Centre

The UK Safer Internet Centre has one mission: to promote the safe and responsible use of technology for young people. The aim is to make children and young people aware of how to use the Internet safely by making good choices and being responsible online.



## How can children be kept safe?

What does 'staying safe' on the Internet mean? The Internet is like a huge door to the outside world and this means there are a lot of strangers out there.

There are some rules which everyone should follow so they make responsible choices and stay safe online.

## Some uses of the Internet:

- gaming
- shopping
- learning new information
- reading about celebrities



## Did you know?

It is illegal for anyone under the age of 13 years old to have a Facebook account.



## Rules for using the Internet

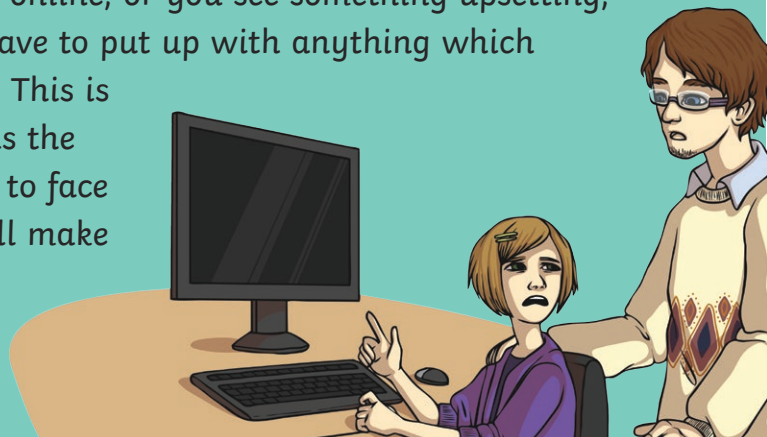
Never share your personal information online. If you were next to a stranger on the bus, you wouldn't suddenly turn to them and tell them where you live or your phone number. So don't pass this sort of information onto someone online. No matter how long you have been 'chatting' to someone, they might not be who they say they are. This means they are still a stranger.

Don't open an attachment sent to you in an email. It could be a virus, which will damage your computer.



Never meet anyone without an adult coming with you. Even if you have been in contact with someone online for some time, meeting them in person on your own is very dangerous. Not everyone can be trusted.

If someone is nasty to you online, or you see something upsetting, tell an adult. You do not have to put up with anything which makes you sad or worried. This is called cyberbullying, and is the same as being bullied face to face – it's just online. It can still make you feel frightened and miserable. Let an adult know straight away!



We can all help make the Internet a safer place. It is a wonderful tool if used properly. However, if it is misused, it can be dangerous. Make the right choices and stay safe online.



# Questions

1. When did Internet Safety Day begin?

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2. What is the theme this year, and what do you think it means?

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3. Explain what “promote the safe and responsible use of technology for young people” means.

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4. In the box, there is a list of some of the uses people have for the Internet.  
Think of one more use.

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5. Why should you not give personal information about yourself to someone on the Internet?

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6. What might happen if you open an attachment with a virus on it?

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7. What should you do if you are being ‘cyberbullied’?

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8. What is the general message of this text?

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# Answers

1. When did Internet Safety Day begin?  
**Internet Safety Day began in 2005.**
2. What is the theme this year, and what do you think it means?  
**The theme this year is Be the Change: Unite to make a Better Internet. This means that if people stick together, report bad use of the Internet and look after each other, the Internet can be a safe place.**
3. Explain what “promote the safe and responsible use of technology for young people” means.  
**Answers will vary, but “Promote the safe and responsible use of technology for young people” means helping young people to be safe when using the Internet/ helping young people make responsible choices.**
4. In the box, there is a list of some of the uses people have for the Internet. Think of one more use.  
**Pupil’s own response.**
5. Why should you not give personal information about yourself to someone on the Internet?  
**You should not give personal information about yourself to someone on the Internet because they might not be who they say they are/ it is dangerous/ not everyone can be trusted.**
6. What might happen if you open an attachment with a virus on it?  
**If you open an attachment with a virus on it, it could damage your computer.**
7. What should you do if you are being ‘cyberbullied’?  
**If you are being cyberbullied, you should tell an adult straight away.**
8. What is the general message of this text?  
**The general message about this text is to make children aware of how to keep themselves safe when using the Internet and make the right choices.**



# Internet Safety Day

## What is Internet Safety Day all about?

Internet Safety Day has been marked each year since 2005, in over 100 countries worldwide.



The theme this year is 'Be the Change: Unite for a Better Internet'. It aims to raise awareness of online safety issues and events and activities are happening all across the UK.

## The UK Safer Internet Centre

The UK Safer Internet Centre is coordinated by three leading charities: Childnet International, the South West Grid for Learning and Internet Watch Foundation. The centre has one mission: to promote the safe and responsible use of technology for young people. The aim is that children and young people are aware of how to use the Internet safely and responsibly, making good choices and keeping themselves safe.



## How can children be kept safe?

It sounds strange to talk about not being 'safe' on the Internet when we are often at home using different devices. However, the Internet is like a huge door to the outside world. This means there are an unimaginable number of strangers out there.

There are some rules which everyone should follow. These rules allow people to make responsible choices and stay safe online.

## Some uses of the Internet:

- gaming
- shopping
- learning new information



## Did you know?

It is illegal for anyone under the age of 13 years old to have a Facebook account.



Never share your personal details online. You wouldn't suddenly tell a person you didn't know what school you go to or what your phone number is, so don't pass this sort of information on to someone online. No matter how long you have been 'chatting' or emailing someone, they might not be the person they say they are. They must be treated as a stranger.

Don't open any attachment on an email. It could be a virus, which will damage your computer or affect your contact list. It could then be sent to everyone you know, harming their devices too.



Block any emails from people you don't recognise. Just because they might use your name, if you don't recognise their name, delete and block them.

Never meet anyone without an adult with you. Even if you have been in contact with someone online, meeting them in person on your own is very dangerous. Not everyone can be trusted.

If someone is nasty to you, or about you, online, or you see something upsetting, tell an adult. You do not have to put up with unpleasant behaviour, and bullying online (cyberbullying). Cyberbullying is just as upsetting as face-to-face bullying. Don't be tempted to reply to them. Inform an adult immediately!



We can all help make the Internet a safer place. It is a wonderful tool for many reasons, and can make life a lot easier. However, if it is misused, it can be dangerous and worrying. Make the right choices and stay safe online.



# Questions

1. When did Internet Safety Day begin?

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2. In your own words, describe the two overall aims of the UK Safer Internet Centre.

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3. In the box there are listed some uses of the Internet. Identify two other uses.

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4. What does the author compare the Internet to? What do you think of this description?

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5. What two pieces of information would be considered personal details?

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6. Describe the effects of opening an attachment that has a virus.

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7. Explain what rule number three is about.

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8. Describe, in detail, what the sentence "Not everyone can be trusted" means.

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9. What is cyberbullying and what should you do about it?

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10. What is the overall purpose of the text, and what is the general message to children?

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# Answers

1. Explain what the purpose of Internet Safety Day is.  
**The purpose of Internet Safety Day is to raise awareness of online issues.**
2. In your own words, describe the two overall aims of the UK Safer Internet Centre.  
**Answers will vary, based on: making children and young people are aware of how to use the Internet safely and responsibly; making good choices; keeping themselves safe.**
3. In the box there are listed some uses of the Internet. Identify two other uses.  
**Answers will vary.**
4. What does the author compare the Internet to? What do you think of this description?  
**The author describes the Internet as being like a huge door to the outside world.  
Answers will vary on personal thought.**
5. What two pieces of information would be considered personal details?  
**Two pieces of personal details would be: your address/ where you live; your school; your phone number. (Accept any two)**
6. Describe the effects of opening an attachment that has a virus.  
**If you open an attachment that has a virus, it could damage your computer and be sent to all the contacts in your list, harming their devices too.**
7. Explain what rule number three is about.  
**Rule number three is about blocking and deleting emails from people who you don't recognise, even if they seem to know you.**
8. Describe, in detail, what the sentence "Not everyone can be trusted" means.  
**Answers will vary. For example: You always need to be careful when 'chatting' to people online because they might not be pretending to be someone else.**
9. What is cyberbullying and what should you do about it?  
**Cyberbullying is when someone says or write something nasty to you or about you online. You should tell an adult immediately.**
10. What is the overall purpose of the text, and what is the general message to children?  
**The overall purpose of the text is to tell us about Internet Safety Day. The general message to children is for them to make good choices and stay safe when online or on the Internet.**