

I'm not robot!

Make use of these fine motor skills worksheets and printables to help your child practice fine motor skills and pencil control!! I always recommend that children take part in lots of hands-on fine motor activities to strengthen their hand and finger muscles before using worksheets. But there is a time and place for using desktop activities, and these printable downloads may be useful to help your child practice fine motor skills. Some of these worksheets make use of fine motor items such as hole punchers, clothes pins, playdough and paper crumpling, while others will give your child practice in using a pencil or crayon neatly. Most of these products have been developed by fellow therapists over at Your Therapy Source. I first bought their products for myself, before requesting to be able to promote them on my site. So although these are affiliate links for which I may get a small commission, they are products that I have personally used and trust and love! Fine Motor Skills Worksheets And Printables: Hole Punch Palooza Hole Punch Palooza can give your child a great fine motor workout with a paper puncher! Only \$4.99! This download consists of 14 pages containing over 100 hole-punch strips that include capital letters, lowercase letters, visual discrimination, counting and more. The idea is that the child uses the hole punch to punch through the letter/number/shape that matches the one being taught on the strip. There are a number of similar looking letters/numbers/shapes on the bottom of each strip, and your child must only punch out the ones that are an exact match. Fine Motor Skill Learned: This activity helps to strengthen the hand muscles while opening and closing a single hole paper punch. In addition, both hands are working together in a coordinated way to hold the paper while manipulating the hole punch. #Ad I use a single hole punch like this one from Amazon #Ad Additional Skills: If your child traces and copies the letter/number/shape in the block given, then your child will also be working on some visual motor skills. In addition, this activity can encourage your child to work from left to right, both in visually scanning the row of letters/numbers/shapes and also in punching the holes. These fine motor skills worksheets could also help boost visual discrimination skills, as the child needs to identify the correct letter/number/shape among similar/reversed/inverted options. Size: 2.4MB Printing: The pages are all in black and white, and an adult can cut the pages into strips ahead of time. I personally prefer using thicker paper (double the usual thickness) for better control of the strip, especially for younger children, but regular paper does work just fine in most cases. You may reprint this resource as often as you need to. Only \$4.99! Add Hole Punch Palooza to Cart Back to Top Clothes Pin Games Although this is marketed as a visual perceptual game, preschool kids will get some fine motor practice using clothes pins to play these simple matching and number games. Only \$4.99! Once kids understand how the games work, they can play them alone, or with a friend/parent. Fine Motor Skill Learned: Using clothes pins is a great way to help strengthen little fingers, as well as giving the tripod fingers lots of practice in working together. The important thing to remember, is to check that your child is using the TIPS of the fingers to open and close the clothes pins, and not the side of the index finger. Encourage your child to use the tips of the thumb and fingers on the clothes pins, not the side of the finger(s)! Additional Skills: A coin is flipped to determine whether to move one place or two places, and the idea is that the child places the clothes pins onto their own card to indicate the matching item or the answer to the number game. Preschool kids should enjoy the matching and number skills challenges. Young children will need to be supervised with the use of the coin. Size: 3.1MB Printing and Preparation: You will need to print these fine motor skills worksheets in color. For best results, laminate the activities for durability, because these are activities that can be used over and over again with all your children. You will need to cut out some of the activities before giving these to your child (eg the dinosaur shapes and the spider circles). You may reprint this resource as often as you need to. Only \$4.99! Add Clothes Pin Activities to Cart Back to Top Color Coding Although I usually print this resource for visual perceptual practice, there are a lot of pages that can be used to help kids develop better fine motor skills and pencil control. Only \$4.99! Fine Motor Skill Learned: For children who are working on pencil control, these worksheets could be useful to for pencil control practice after you have completed some hand and finger exercises. Your child can color work on coloring inside the lines with small shapes, or trace shapes, numbers and letters on lines. I like to put these fine motor skills worksheets on a vertical surface to maximize a good wrist position and to help the child isolate finger movements. Because these fine motor skills worksheets are really simple, your child can concentrate on mastering pencil control. Additional Skills: I also use these worksheets to boost visual perception skills with preschoolers. You can read more about the visual perceptual aspects of this workbook over here, in case you are interested! Size: 1.7MB Printing: Although the pages are color coded so the child can see which shapes/letters should be which color, I personally printed the pages in black and white, and marked the color with felt tips after printing. You may reprint this resource as often as you need to. Only \$4.99! FYI, this e-book is included at a 30% discount in the Preschool Budget Bundle Deal! Back to Top Mosaic Patterns Mosaic Patterns gives a variety of sample pictures made from color dots; and black and white outlines of the same pictures for kids to copy. Only \$3.99! Fine Motor Skills Learned: I have suggested these printables elsewhere for visual perceptual skills. But I actually use them more often as fine motor skills worksheets. Paper crumpling is a great finger strengthening activity to use with younger children, as shown alongside. This is also great for kids whose fine motor skills are poor. Follow the paper crumpling instructions on this page, and then stick the paper balls onto the mosaic picture of your choice. Working on a Mosaic Pattern Picture The other suggestions in this download include using playdough balls and stickers to cover the dots, which are also fun for younger kids. Older kids who are working on more advanced fine motor activities can color in a few dots at a time using circular motions of the pencil. This is a great way of helping kids develop better pencil control. I always start with some finger exercises as a warm-up before doing dot pictures. Additional Skills: If you choose to have your children copy the colors on the sample pages, they will be using some visual perceptual skills such as visual discrimination, position in space and spatial relations, in order to match their dot colors up with the sample picture. Size: 19MB Printing: There are small, medium and large pictures available, and you can print just the black and white ones for your child to work on, and/or the color samples for your child to copy. You may reprint this resource as often as you need to. Only \$3.99! FYI, this download is included at a 30% Discount in the Preschool Budget Visual Perception Bundle! Add Mosaic Patterns to Cart Back to Top Graph Paper Pictures These graph paper drawings can help to boost pencil control as well as visual-motor integration and copying skills! Only \$3.99! The drawings are presented in two different formats: completing half a picture and copying a complete picture. Either option can be used to help kids work on pencil control. I always start with some finger exercises as a warm-up before doing graph paper pictures. And I recommend only coloring a few blocks at a time until your child builds up endurance, as this activity can be very tiring. However, it is very effective! If you want to use this download for visual-motor skills as well, then read my instructions over here. Size: 1MB Using Graph Paper Pictures for Pencil Control Printing: Black and White. You may reprint this resource as often as you need to. Only \$3.99! FYI, this download is also included at a 30% Discount in the Drawing Bundle Deal! Add Graph Paper Drawings to Cart Back to Top Awesome Cutting Practice Printables! My compilation of fun cutting printables will give your child lots of cutting practice with lovely end products to build your child's confidence! Suitable for a range of skills - from preschoolers who are just learning to use scissors, all the way to early elementary kids who need more practice with their scissor skills. There are 19 different scissor cutting crafts, all with photographed instructions and a variety of templates - over 50 templates in all! Starting with simple snipping activities, the templates will enable your child to learn to cut on straight lines and then to cut out shapes. All the activities are photographed so you and your child can see what you are working towards! View my Fun Cutting Practice Templates now! The Cutting Templates cost only \$5 but are included at a discount in a couple of my bundle deals. Related Fine Motor Pages If your child needs more practice in any of the fine motor skills mentioned above, please do check out these pages of my site for some simple activity ideas you can do at home! Hand Activities Hand Strengthening Choosing the Best Activities Thank you so much for visiting - I hope you found this page of fine motor skills worksheets helpful! Back to Top If this page was helpful, please share it with your friends! You are allowed to print as many copies as you need for the children in your family, classroom or therapy room, so they are great value for money. I have tried all these e-books myself and believe they are well worth the tiny investment if you want to improve your child's skills. I have negotiated exclusive bundle deals just for my OT Mom readers. When you click on the "Add to Cart" buttons, you will be taken to Your Therapy Source's shopping cart. Once your order is complete, pay for it and then you will receive download links for the e-books, which come in PDF format. Save them to your PC and then print out the pages as and when you need them. Honesty Point As an affiliate for Your Therapy Source, I will receive a small commission on the sale of any of these printable worksheets if they are purchased from my site. However, the reviews are all mine and completely honest. I had found and used their products myself before requesting to make their e-books available to my visitors. Thank you for supporting my site! Back to Top More Great Printable Worksheets! Didn't find what you were looking for? Try a search of my site!

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