

THE
KABBALAH
CENTRE



ROSH HASHANAH

2022
EVENT
GUIDE

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WELCOME TO ROSH HASHANAH 2022 WITH THE KABBALAH CENTRE!

Kabbalists reveal that Rosh Hashanah is a universal window in time that allows us to determine our personal movie scripts for the entire coming year. During this two-day period, we can use kabbalistic tools and meditations to remove judgment and create the year we would like to experience. So immense is the Light that is available to us on Rosh Hashanah that it empowers us to change our destiny and draw peace, harmony, and well-being for all of humanity.

Michael and Monica Berg will guide us through this unique 48-hour period of time when we can positively influence the coming year for ourselves, our loved ones, and the world. Together, as a united force, fortified with consciousness and a shofar, we can create change.

As it is one of the most powerful days of the year, Kabbalah Centres around the world are gathering together in-person to connect with the Light available during Rosh Hashanah, just as we are joining as a unified community here in New York City. This year's connection is again being live streamed online, included in your in-person registration, with thousands of our students and community joining us virtually. We welcome you as we come together in prayer and unity as we channel the rejuvenating energy of Rosh Hashanah.

**The Kabbalah Centre's
In-Person Rosh Hashanah Connection
September 25-27, 2022
Ziegfeld Ballroom/New York Centre**

One of the most important reasons we gather together collectively on Rosh Hashanah is that it enables all of us, no matter what our spiritual state may be, to have our prayers answered. The kabbalists say when a person prays on their own, their request is judged solely on the individual's merits. This means a person who is completely perfect has no need to worry, for their prayers will be answered. But those of us who are not perfect, who have done negative things, or who are not sure that our own merit can awaken the blessings we need, should gather together with a group of people. The Zohar says that, as a group, our prayers are transmitted collectively instead of each one being judged separately.

This idea of strength in unity goes back to two great kabbalists who were once sitting together with their students when one student asked, "Why is it that those who study and gather around the two of you see miracles occurring all the time?" And one kabbalist said, "The only reason that we are able to awaken the miracles that you see so often here is because of the great unity and love that exists amongst all of us." The great kabbalists teach that one of the most important tools to break through any gates and access the Light is the unity and love that exists within a group of people connecting together. That is why it is so important that when we're trying to draw Light and blessings – to ourselves, to our families, to the world – that we do it in a group that has the same desire to awaken that Light.

On Rosh Hashanah, united as one, we can plant the seeds to bring about real positive change – in our lives and throughout our communities and, ultimately, the world.

Michael Berg





Before anything comes into existence, there is a moment of perfection that precedes it. Kabbalist Rav Ashlag compares it to an architect who wants to build a beautiful house. Certainly, he doesn't begin to pour the foundation for a house that he hasn't even thought of building! In those moments when we have the idea of the house we would like to build, or the thought of any creation for that matter, included in those thoughts is the entire perfection of that structure, no matter that it may take a year to build. However imperfect that final house may be, the thought that preceded it was perfect.

On Rosh Hashanah, everything of the physical world came into existence. Just as the architect with his house, the Creator had a thought of creation, and his thoughts were perfect. His thought included every soul that has come or ever will come into this world, and his intention was not the state we are now but rather the perfected version of ourselves, and because he thought it, that version of ourselves exists.

Our job is to find it. Our work isn't to fix past mistakes or strive to be a better person but to completely transform ourselves.

Most (all) of us are nowhere near our perfected self. No matter where we are in our process, if we ask to be connected to our perfected self, we can. To successfully ask, we first have to believe in our own perfection because it's impossible to connect to something that you doubt even exists. Most of us don't have any idea of our true potential. We don't push ourselves as much as we should because that level of perfection seems so unattainable.

Your perfected self is possible. This is not the time for complacency, disbelief, or limiting thoughts of any

Monica Berg

kind. There is no other time when we can connect so powerfully to the best version of ourselves.

Each and every single one of us has a different birthday. However, there is only one birthday for all of mankind—*Rosh Hashanah*. The birth of Adam brought all of mankind together; as we learn, Adam comprised all human consciousness in one being, just like all of the future physical manifestations of a tree grow from a little seed.

The *Zohar* says that on *Rosh Hashanah*, the world and everything included within it returns to its original position, the position of the birth of Adam, bringing us to that level of existence wherein there is no chaos. We, all of mankind, the six billion of us around this planet, all return back to this seed of consciousness because, if you recall with the first seven days of Creation, physical Adam did not as yet exist. The seven days of Creation are all referring to the Tree of Life reality—the consciousness. The physical manifestation appeared only after the first seven days of Creation.

With this understanding that we receive from the *Zohar*, we can rise above the limitations of time, space, and motion; we can return to the seed. There is no better opportunity than in this period of *Rosh Hashanah* to transcend the limitations that, as humanity, we undergo. We can alter the state of this planet because *Rosh Hashanah* is the birth of all humanity.

Happy Birthday to you.

- Rav Berg

Excerpt from 2013 article





The Zohar says that as we individually work to bring ourselves into alignment with the Light, we are simultaneously ushering in the day when human consciousness will be free of that which binds us, when we will have completely eradicated that selfishness from our being.

Until that day is upon us, we continue our spiritual work: to cleanse and clear the negativity that we have accumulated over many lifetimes and to grow the soul we have been given, taking it to the place where it should be so it can rest. Vital to this work is the understanding that every single action that we do in our lives, be it positive or negative, opens a channel in the Upper Worlds through which energy flows back to us. What we do for others, we actually do for ourselves, and what we do for ourselves, we do for the world.

Life is not easy, especially in these chaotic times. Every day, we are tested – at work, in relationships, or maybe in respect to our health. The gift of the spiritual path is that when push comes to shove, we can have the certainty that each of these tests offers either cleansing or growth, and that everything the Creator puts in our life and in our way is there to assist us in the process of our own healing and perfection.

May we all push forward this year, individually and collectively, to fulfill our great responsibility of providing global access to the magnificent energy and powerful tools of Kabbalah as they have been handed down to us down through the ages, thereby hastening the healing process for all.

- Karen Berg

Excerpt from 2015 article

"Healing Ourselves and the World"

Rosh Hashanah empowers us in many ways, not the least of which is our gathering as a collective force to change our world. We look forward to sharing this powerful connection with you. With any large group, things can get a bit hectic at times. We've come up with some helpful rules and guidelines to enhance everyone's experience. Please take a few minutes to review the important information below:

Don't forget your badge! You'll need your badge for entry to all services and meals.

Bookstore Hours at The Kabbalah Centre of New York

- Sunday 9/25: 9:30am - 4pm
- Tuesday 9/27: 7:30pm - 9pm

Services

- Services will take place at the Ziegfeld Ballroom located at 141 W 54th St, New York, NY 10019 (between 6th and 7th Ave).
- Seats may not be saved inside the War Room at any time. Items left behind to save seats will be removed and placed in the Lost and Found box located at the Badge Pick Up area at Ziegfeld Ballroom.

With your help in following these guidelines, we will be able to seat everyone comfortably and ensure that we are all free to focus on one of the most powerful connections of the year! We truly appreciate your cooperation and understanding.

Meals

Sunday Night dinner will be served at the Metropolitan Ballroom at the Sheraton Hotel located at 811 7th Ave, W 53rd St, New York, NY 10019 (between 52nd and 53rd St) and the rest of the meals will be served at the New York Kabbalah Centre located at 155 E 48th St, New York, NY 10017 (between Lexington and 3rd Ave), which is a 20-minute walk from Ziegfeld Ballroom.

Children Attending the Adult Services

- **Children ages 8 -11** who have registered for the Services at Ziegfeld Ballroom must stay seated next to an adult supervisor and remain quiet the entire event out of respect to the connection of all other attendees.
- **Children ages 0-2** are not required to register for the Services or Meals; however, if they attend, they will need to sit on their parent's lap and remain quiet the entire event. Due to limited space, we kindly request that you do not bring a stroller to the event unless absolutely necessary. Parents with kids in this age group might need to sit in the balcony.

Kids Camp

- Kids camp will be open to children **3-11**, children ages 0-2 can register but must have a babysitter with them at all times.
- Will be held at the at the New York Kabbalah Centre located at 155 E 48th St, New York, NY 10017 (between Lexington and 3rd Ave)
- Children registered for the Kids Camp will have the opportunity to experience spiritual Rosh Hashanah connections during the program.
- On-site registration for Kids Camp is not permitted.
- Parents and guardians must present a valid photo ID that matches the authorized name(s) provided during the Kids Camp registration in order to drop off and pick up children from the Kids Camp.

Volunteers

If you've signed up to volunteer at any part of the event, please sign in at the Volunteer Desk (located at Ziegfeld Ballroom) prior to each shift.

For any questions regarding volunteering, we welcome you to speak with Moshe Talmi.

moshe.talmi@kabbalah.com or +1310-270-6940

Mikve for Men

Men who pre-registered for the mikve may use the mikve at The Kabbalah Centre of New York during the hours of operation listed on the Event Agenda.

Please bring your own towel and shower prior to arriving if possible as space will be very limited.

Sunday, September 25th

8:15 AM	Men's Morning Connection	NY Centre
9:15 AM	Nullification Of The Vows with Michael Berg	NY Centre & Live Stream
10:00 AM-3:00 PM	Registration Desk & Badge Pick Up	NY Centre
9:30 AM - 4:00 PM	Kabbalah Bookstore	NY Centre
10:30 AM - 2:00 PM	Transforming Our Past: A Workshop For The New Kabbalaistic Year with Batya Solomon, Rachel Auerbach & Yehuda Ashkenazi	NY Centre
2:30 PM - 6:00 PM	Mikve For Men Only <i>*Registration Required. Please Bring Your Own Towel</i>	NY Centre
2:30 PM	Nullification Of The Vows	NY Centre
5:00 PM	Kids Camp Opens	NY Centre
5:15 PM	Nullification of the Vows for Parents in kids camp	NY Centre
6:00 PM	Doors Open <i>*Registration Badge Pick Up Available</i>	Ziegfeld Ballroom
6:15 PM	Nullification Of The Vows <i>*Last Session</i>	Ziegfeld Ballroom
6:29 PM	Holiday Begins <i>*Candle Lighting Not Provided</i>	
6:00PM	Kids Camp - Kiddush And Rosh Hashanah Connection	NY Centre
6:40 PM	Pre-Event Consciousness Lecture with Eitan Yardeni & David Ghiyam	Ziegfeld Ballroom
7:00 PM	Evening Connection	Ziegfeld Ballroom
7:45 PM	Welcome Lecture with Michael & Monica Berg	Ziegfeld Ballroom

8:45 PM	Kiddush & Hamotzi Followed By Rosh Hashanah Food Connection <i>*Food Not Provided</i>	Ziegfeld Ballroom
9:15 PM	Dinner	Sheraton Hotel
9:15 PM	Kids Camp <i>Closes For Kids Not Registered For Dinner</i> <i>*Parents Must Pick Up Their Kids Before The Camp Closes</i>	NY Centre
11:30 PM	Kids Camp Closes <i>*Parents Must Pick Up Their Kids Before The Camp Closes</i>	NY Centre

Monday, September 26

7:45 AM - 9:15 AM	Mikve For Men Only <i>*Registration required. Please bring your own towel.</i>	NY Centre
9:00 AM	Doors Open <i>*Registration Badge Pick Up Available</i>	Ziegfeld Ballroom
9:30 AM	Morning Connection	Ziegfeld Ballroom
9:30 AM	Kids Camp Opens <i>*Lunch will not be provided; only snacks will be provided</i>	NY Centre
10:00 AM	Kids Camp - Torah & Shofar	NY Centre
11:00 AM	Consciousness Lecture with Michael Berg	Ziegfeld Ballroom
12:00 PM	Torah Reading	Ziegfeld Ballroom
1:00 PM	Pre-Shofar Consciousness With Monica Berg	Ziegfeld Ballroom
1:30 PM	Blowing Of The Shofar & Musaf	Ziegfeld Ballroom
3:20 PM	Kiddush & Hamotzi, Followed By Mincha <i>*Food not provided</i>	Ziegfeld Ballroom
3:45 PM	Lunch	NY Centre
4:00 PM	Kids Camp Closes <i>*Parents must pick up their Kids before the camp closes</i>	NY Centre

6:00 PM	Doors Open	Ziegfeld Ballroom
6:00 PM	Kids Camp Opens	NY Centre
6:30 PM	Astrology Forecast For The New Year with Yael Yardeni & Ruth Nahmias	Ziegfeld Ballroom
7:00 PM	Evening Connection	Ziegfeld Ballroom
7:30 PM	Spiritually Hungry Live New Year, New You Followed by Q&A with Monica & Michael Berg	Ziegfeld Ballroom
8:35 PM	Kiddush & Hamotzi <i>*Food Not Provided</i>	Ziegfeld Ballroom
9:15 PM	Dinner	NY Centre
9:15 PM	Dinner For Kids Camp <i>*Parents Must Pick Up Their Kids At This Time If They Are Not Registered For Dinner.</i>	NY Centre
11:30 PM	Kids Camp Closes <i>*Parents Must Pick Up Their Kids Before The Camp Closes</i>	NY Centre

Tuesday, September 27

7:45 AM - 9:15 AM	Mikve For Men Only <i>*Registration required. Please bring your own towel.</i>	NY Centre
9:00 AM	Doors Open <i>*Registration Badge Pick Up Available</i>	Ziegfeld Ballroom
9:30 AM	Morning Connection	Ziegfeld Ballroom
10:00 AM	Kids Camp Opens <i>*Lunch will not be provided; only snacks will be provided</i>	NY Centre
11:00 AM	Kids Camp - Torah & Shofar	NY Centre
11:00 AM	Consciousness Lecture with Michael Berg	Ziegfeld Ballroom

12:00 PM	Torah Reading	Ziegfeld Ballroom
1:00 PM	Pre-Shofar Consciousness with Monica Berg	Ziegfeld Ballroom
1:30 PM	Blowing Of The Shofar & Musaf	Ziegfeld Ballroom
3:20 PM	Kiddush & Hamotzi, Followed By Mincha <i>*Food Not Provided</i>	Ziegfeld Ballroom
3:45 PM	Lunch	NY Centre
4:00 PM	Kids Camp Closes <i>*Parents Must Pick Up Their Kids Before The Camp Closes</i>	NY Centre
6:45 Pm	Doors Open	NY Centre
7:10 Pm	Evening Connection	NY Centre
7:25 Pm	Havdalah	NY Centre
7:30 PM - 9:00 PM	Kabbalah Bookstore Open	NY Centre

Rickshaw Information

- New York Pedicab Services: (212)961-7435 or info@newyorkpedicabservices.com
- Revolution Rickshaws: (212)239-0200
Advanced reservations are encouraged

Restaurants

Mike's Bistro (Meat):

(212) 799-3911 www.mikesbistro.com

Le Marais (Meat):

(212) 869-0900 www.lemarais.net

Wolf & Lamb Steakhouse:

(212) 317-1950 www.wolfandlambsteakhouse.com

Abaita (Dairy/Italian):

(646) 808-5518 www.eatabaita.com

Noi Due (Dairy/Italian):

(212) 712-2222 www.noiduecafe.com

By BEATNIC (vegan):

Various locations www.eatbychloe.com/menus

Blossom Restaurant (vegan):

(212) 627-1144 www.blossomnyc.com

Peacefood Cafe (vegan):

(212) 979-2288 www.peacefoodcafe.com

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