



Fine Motor: 9 - Letter formation step by step



Mark making becomes noticeable as scribbles become organised and the marks begin to show awareness of form.

At this stage. Students should be encouraged to draw pictures from play or real life experiences and adults may prompt or ask questions to find out what they represent.

Students invent their own symbols in order to convey a message and a few recognisable letters will begin to appear.

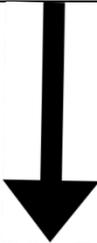
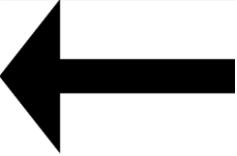
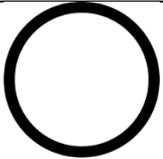
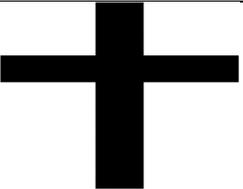
Stage 1: Directional writing

- Ask the student to make the following marks on paper- using a tool of their choice.
- Chunky marker /felt tip pens are generally the easiest.
- If possible, use a vertical surface such a whiteboard on the wall, easel or simply a sheet of paper stuck on the wall (this is very helpful for students who have difficulties with language/ or who may take instructions very literally)

For students with additional needs, you can model by drawing the line first, giving the instructions and asking them to copy you.



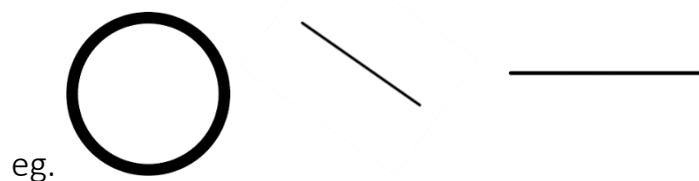
Teach students the physical movements linked to action word

Down		Up	
Across		Back	
Circle		Cross	
Dot			

Once a student can form these movements on a vertical surface, transition to completing while sitting at a table.

Using a slope board, can be a helpful transition tool.

Ask the student to copy shapes individually.



Stage 2- Letter formation



Symbolic writing- Students invent their own symbols in order to convey a message and a few recognisable letters will begin to appear. These letters are often found in their own name. Adults should model writing and develop the correspondence between letters and sounds.

Once a pupil can form a range of directional lines and can associate the movements with the language, they are ready to move onto tracing over lines- solid and dotted.

Be aware that when producing fine motor/ tracing sheets- ensure that

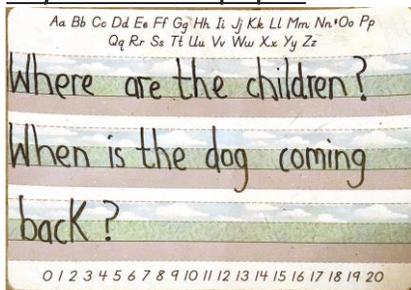
- the lines are marked in strong solid lines
- the worksheets are clear and not cluttered
- do not make a page overcomplicated. A pupil will have better success when drawing over single actions, than several repeated on a sheet.

A blank sheet of paper, and pen is often the most effective tool- model and allow the student to copy over or over beside.

It can be helpful to teach letters in letter groups- this enables all the letters that have a similar starting movement are taught together.



Sky and earth paper



Stage 3- Writing



Emerging writing- Letter shapes are used with obvious left to right orientation. Gaps are left between the words. At this stage drawings may be labelled with letters, words, phrases etc. Students may use one letter or group of letters to represent words.

Developing writers- Students confidently use invented/ phonetic spellings and are beginning to spell common words. Writing conveys simple messages effectively and may consist of one or two statements.

To develop good handwriting, you need to:

1. Have good whole body strength and dexterity (Gross & Fine Motor Skills).
2. Understand direction, movement and position (Spatial Awareness & Motor Memory).
3. Remember and recall how to form the different shapes of the letters (Visual & Motor Memory).
4. Sit correctly (Gross Motor Skills).
5. Hold a pencil appropriately (Fine Motor Skills).
6. Control the pencil (Fine Motor Skills).
7. Tilt and move the paper on the desk (Gross Motor Skills & Spatial Awareness).
8. Refine letter formation and position (Fine Motor Skills, Visual & Motor Memory, Spatial Awareness & Eye Tracking).
9. Join the letters to form words (Fine Motor Skills, Visual & Motor Memory, Spatial Awareness & Eye Tracking).

Handwriting warm up's

<https://www.youtube.com/watch?v=gMpq7ql9fAw>

A screenshot of a YouTube video player. The video title is "HANDWRITING WARM UPS With Pencil | Beginner Hand and Finger Exercises for Kids". The video shows two hands holding pencils, demonstrating exercises. The video has 74,213 views and was uploaded on Oct 4, 2020. The player interface includes a search bar, a pause button, and social media sharing options like Like, Dislike, Share, and Save.

youtube.com/watch?v=gMpq7ql9fAw

Search

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HANDWRITING WARM UPS With Pencil | Beginner Hand and Finger Exercises for Kids

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468 DISLIKE SHARE SAVE ...

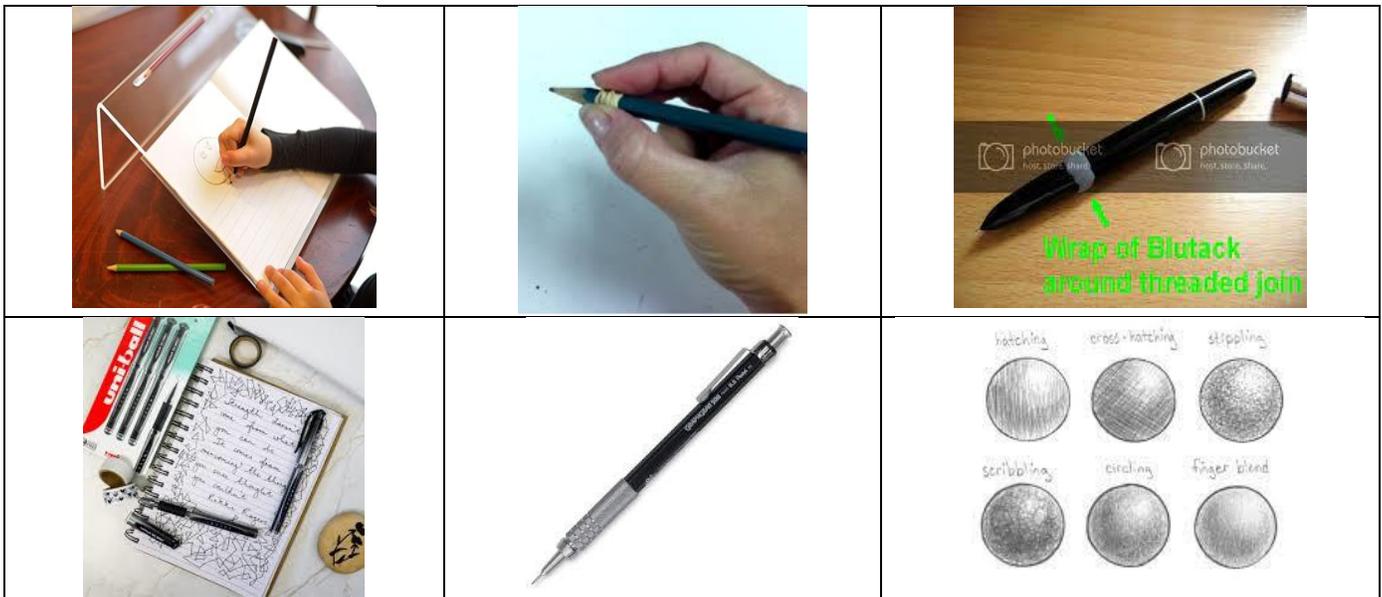
Check out our You Tube channel- <https://www.youtube.com/channel/UCYvQ3ULh0WWJAYVzcV7xZoQ/playlists>

The screenshot shows the YouTube channel for Redbridge Seats, which has 59 subscribers. The channel is categorized under 'PLAYLISTS'. The 'Created playlists' section displays a grid of 15 playlists, each with a thumbnail and a 'VIEW FULL PLAYLIST' link. The playlists include:

- ipads (Updated yesterday)
- Speech and Language (Updated yesterday)
- Visual impairment (Updated yesterday)
- ASC/ ASD/ Autism/Social Communication (Updated today)
- Medical needs
- Hearing Impairment
- Emotional support and Behaviour
- Communication and Signing
- Physical Disability
- Sensory videos
- The Grid player
- THE VALUE OF VISUAL
- Mariangela
- THE NUMBER OF EDUCATIONAL
- A YOGA MEDITATION

Website: www.redbridgeserc.org

Email: 



You will find a variety of Fine and Gross Motor videos here.

https://www.youtube.com/playlist?list=PL7MvghDNLeJz-IOneZJCxolM8n0v4wi_O

We have a wide range of handwriting and motor skill advice videos on our website www.redbridgeserc.org